



How Assessments Work at Milestones Clinic

At Milestones, we aim to provide psychometric and educational assessments that are flexible to our clients' needs, and can be adjusted during the course of an assessment as more information becomes available. We know that assessment questions are not always clear at the time of booking, and there are often multiple things that need to be considered. In 2025, we are updating our assessment structure so that we can continue to provide high quality, comprehensive assessments to our clients.

Types of Assessments Available

Psychologists at Milestones Clinic are experienced in conducting comprehensive psychometric assessments, and can explore a wide range of areas, including reasoning and problem-solving skills (cognition/intelligence), executive functioning (including working memory and attention), information processing, academic skills, and other factors that may be impacting your child's emotional regulation, behaviour, and social skills. Diagnostic assessments are available for (but not limited to) Specific Learning Disorders (e.g., dyslexia, dysgraphia, dyscalculia), Attention Deficit/Hyperactivity Disorder (ADHD), Autism Spectrum Disorder (ASD), and Intellectual Disability. If you are unsure about which type of assessment is required, your psychologist will be able to assist in this process during the initial parent interview.

Assessment Structure

Assessments at Milestones comprise three sections:

- 1) **Parent/Guardian interview** – An initial appointment (50 min) will be booked for parents/guardians without your child present. This allows your psychologist to obtain a detailed history of your child, talk through any concerns you may have, and plan your child's assessment. Part of this time may be used for other important tasks, such as administering questionnaires, or contacting third parties (with written consent) such as teachers, tutors, or other health professionals.
- 2) **Assessment sessions** – This is the main part of the assessment, with your child attending a number of appointments depending on the presenting query. As a general rule, four hours are required for most assessments, with additional hours booked for more complex queries (e.g., autism assessments, or when more than one area is being explored). Most of the assessment sessions will involve one-on-one time with your child and the psychologist, but depending on the assessment question, this time may also be used to gather information from other sources (e.g., teachers, allied health professionals, tutors, etc.).
- 3) **Reporting** – Following the final assessment session, your psychologist will write a comprehensive report, covering all relevant background information, assessment results, diagnostic information and recommendations for how to support your child at home and school. These reports are detailed and specific to your child, so they do take time to write. Typically, reports are completed in 4-8 weeks. Your child's report will be sent to you only, so that you are able to decide if and when to pass this information to others. We usually recommend sending a copy to your child's school, as many of our recommendations are around classroom supports, as well as any other professionals who work with your child on a regular basis (e.g., tutor, speech pathologist, occupational therapist, paediatrician). Psychologists are happy to answer any queries you may have about your child's report. If there is a lot you would like to discuss, you are able to book a feedback appointment, where your psychologist can go through the report in detail.

Please note: Review assessment sessions (e.g., to confirm a provisional diagnosis, or to a review an existing diagnosis) do not include a separate parent interview, and sessions are booked according to individual review requirements in consultation with your psychologist.

Assessment Billing

- When your assessment appointments are confirmed, a booking fee of \$100 is required. This can be paid over the phone or via direct deposit. This payment is non-refundable and covers all test materials required. This cost is a flat fee, and required for all new assessment bookings, including assessments conducted by provisional psychologists.
- Each 50-minute appointment costs \$240, with payment required at the time of the appointment. For older children, two appointments may be booked back-to-back (100 minutes).
- Reports are billed according to a tiered structure depending on the complexity of the report required. Most reports are either “standard” (\$595) or “complex” (\$690), but shorter reports may be used for review assessments. **Please note: Reports are billed separately to assessment sessions and must be paid in full before being released.**
- Provisional psychologists completing their internships at Milestones charge a reduced rate for their sessions. Please refer to the table below for our full fee structure. If you are unsure about billing at any time, please talk to one of our receptionists.

TYPE OF SERVICE	Registered Psychologist/ Educational & Developmental Psychologist	Provisional Psychologist*
Counselling/Intervention – 50 mins	\$240	\$125
Assessment booking fee	\$100	\$100
Assessment – 50 minutes	\$240	\$125
Assessment – 100 minutes	\$480	\$250
Report Preparation (Short)	\$470	\$270
Report Preparation (Standard)	\$595	\$410
Report Preparation (Complex)	\$690	\$490
Summary Report	\$335	\$180
Case Conference (School Visit)	\$345	\$190

* No Medicare/private health rebates are available for provisionally registered psychologists.

Example Assessment

Assessment query: Child has been experiencing difficulties with literacy development. They have been working in a small group at school for the past year to address this issue, but they have not made the expected progress.

Assessment booking: One parent intake appointment, followed by four child assessment sessions, to explore a dyslexia (Specific Learning Disorder) diagnosis. A standard report is prepared.

Total Assessment Cost: \$1895

Cost Breakdown: \$100 booking fee, \$240 parent interview, \$960 assessment sessions, \$595 report

Please note: This is an example assessment only. Your assessment will be structured according to your child’s needs. If you are unsure about anything, please ask one of our receptionists, or contact your psychologist.

Please see our Fees & Charges document for information about health rebates and our cancellation policy.