



Psychologist Fees & Charges

The following charges will apply to all psychological services provided at this clinic.
 Fees are current as of March 2026.

TYPE OF SERVICE	Senior Psychologist	Registered Psychologist	Provisional Psychologist*
Booking Fee for assessment materials	\$100	\$100	\$100
Counselling/Intervention – 50 mins	\$260	\$250	\$140
Single Assessment	\$2440	\$2350	\$1605
Multiple Assessment	\$2700	\$2600	\$1770
Complex Assessment	\$3380	\$3250	\$2090
In-house Assessment Review	\$1140	\$1100	\$850
External Assessment Review	\$1270	\$1225	\$920
Case Conference (School Visit)	\$390	\$375	\$210
Non-face-to face time exceeding 10 minutes in duration <i>e.g., phone calls, letters, application to SCSA, resource development.</i>	\$260 per hour (pro rata)	\$250 per hour (pro rata)	\$140 per hour (pro rata)

* No Medicare/private health rebates are available for provisionally registered psychologists.

- A \$100 booking fee is required for assessment materials when appointments are made.
- The parent interview is paid on the day of the interview at the standard 50-minute session rate.
- The full remaining assessment cost is paid at the first assessment appointment.

If you are experiencing financial hardship, please let reception know and they will discuss with the relevant clinician.

Private Health Insurance

Some health insurance policies cover counselling and/or assessments depending on the policy. Please check with your insurance company as to what cover you are eligible for.

Medicare Rebates

Under the Medicare Benefits Schedule (Better Access), Medicare rebates are available to clients with an assessed mental disorder. Medicare rebates are accessed with a Mental Health Treatment Plan and referral from a medical practitioner, psychiatrist, or paediatrician. The rebate is limited to 10 sessions per calendar year and only available with a valid referral. A review with the referring doctor is required after the 6th session. *Please note that a Mental Health Treatment Plan does **not** cover assessment sessions.*

Cancellation Policy

If you need to cancel or postpone your child's appointment, please give notice of at least 48 business hours' - full fees will be charged for all missed appointments or late cancellations. This fee will need to be paid before your child's next visit. Please make every effort to notify the practice if you cannot attend an appointment - there are often other clients waiting for appointments, and it would be appreciated if other clients could be given the opportunity to come in. To cancel or rearrange an appointment, please call Milestones Clinic on 9207 1990.

How Assessments Work at Milestones Clinic

At Milestones, we aim to provide psychometric and educational assessments that are flexible to our clients' needs, and can be adjusted to suit individuals. We know that assessment questions are not always clear at the time of booking, and there are often multiple things that need to be considered. In 2026, we are updating our assessment structure so that we can continue to provide high quality, comprehensive assessments to our clients.

Types of Assessments Available

Psychologists at Milestones Clinic are experienced in conducting comprehensive psychometric assessments, and can explore a wide range of areas, including reasoning and problem-solving skills (cognition/intelligence), executive functioning (including working memory and attention), information processing, academic skills, and other factors that may be impacting your child's emotional regulation, behaviour, and social skills. Diagnostic assessments are available for (but not limited to) Specific Learning Disorders (e.g., dyslexia, dysgraphia, dyscalculia), Attention Deficit/Hyperactivity Disorder (ADHD), Autism Spectrum Disorder (ASD), and Intellectual Disability. If you are unsure about which type of assessment is required, your psychologist will be able to assist in this process during the initial parent interview.

Single Query Assessment – an assessment covering one diagnostic query, for example:

- Specific Learning Disorder (SLD) Assessment – literacy OR mathematics
- Attention Deficit/Hyperactivity Disorder (ADHD) Assessment
- Intellectual Disability Assessment

Multiple Query Assessment – an assessment covering multiple diagnostic queries, for example:

- Specific Learning Disorders (SLD) and Attention Deficit/Hyperactivity Disorder (ADHD) Assessment
- Combined Specific Learning Disorder – literacy AND mathematics

Complex Assessment – an assessment requiring additional assessment time and/or extended consultation with other parties (e.g., school, other medical or allied health professionals)

- Autism Spectrum Disorder (ASD) Assessment

Milestones Assessment Review – e.g., confirmation of diagnosis, functional literacy assessment

- Any assessments made with Milestones previously who require a review.

External Assessment Review – e.g., confirmation of diagnosis, functional literacy assessment

- Any assessments made outside Milestones previously who require a review.

Milestones Assessment Structure

- 1) **Parent/Guardian Interview** – An initial appointment (50 min) will be booked for parents/guardians without your child present. This allows your psychologist to obtain a detailed history of your child, talk through any concerns you may have, and plan your child's assessment. Part of this time may be used for other important tasks, such as administering questionnaires, or contacting third parties (with written consent) such as teachers, tutors, or other health professionals.
- 2) **Assessment Sessions** – This is the main part of the assessment, with your child attending a number of appointments depending on the presenting query. As a general rule, four hours are required for most assessments, with additional hours booked for more complex queries (e.g., autism assessments, or when more than one area is being explored). Most of the assessment sessions will involve one-on-one time with your child and the psychologist, but depending on the assessment question, this time may also be used to gather information from other sources (e.g., teachers, allied health professionals, tutors, etc.).
- 3) **Reporting** – Following the final assessment session, your psychologist will write a comprehensive report, covering all relevant background information, assessment results, diagnostic information and recommendations for how to support your child at home and school. These reports are detailed and specific to your child, so they do take time to write. Typically, reports are completed in 6-8 weeks. Your child's report will be sent to you only, so that you are able to decide if and when to pass this information to others. We usually recommend sending a copy to your child's school, as many of our recommendations are around classroom supports, as well as any other professionals who work with your child on a regular basis (e.g., tutor, speech pathologist, occupational therapist, paediatrician).
- 4) **Feedback Session** – A feedback session will follow 8 weeks after your last assessment session. Psychologists are happy to answer any queries you may have about your child's report, where your psychologist can go through the report in detail.

Milestones Assessment Review Structure

- 1) **Assessment Review Sessions** – As a general rule, two hours are required for assessment reviews. Most of the review sessions will involve one-on-one time with your child and the psychologist, but depending on the review question, this time may also be used to gather information from other sources (e.g., teachers, allied health professionals, tutors, etc.).
- 2) **Reporting** – Following the final assessment session, your psychologist will write a comprehensive report, covering all relevant background information, assessment results, diagnostic information and recommendations for how to support your child at home and school. These reports are detailed and specific to your child, so they do take time to write. Typically, reports are completed in 6-8 weeks. Your child's report will be sent to you only, so that you are able to decide if and when to pass this information to others. We usually recommend sending a copy to your child's school, as many of our recommendations are around classroom supports, as well as any other professionals who work with your child on a regular basis (e.g., tutor, speech pathologist, occupational therapist, paediatrician).

External Assessment Review Structure

- 1) **Pre-Review Assessment Overview** – Prior to your child's assessment review, your psychologist will review the current assessment to understand the previous findings and make steps to plan the correct procedures for the assessment review.
- 2) **Assessment Review Sessions** – As a general rule, two hours are required for assessment reviews. Most of the review sessions will involve one-on-one time with your child and the psychologist, but depending on the review question, this time may also be used to gather information from other sources (e.g., teachers, allied health professionals, tutors, etc.).
- 3) **Reporting** – Following the final assessment session, your psychologist will write a comprehensive report, covering all relevant background information, assessment results, diagnostic information and recommendations for how to support your child at home and school. These reports are detailed and specific to your child, so they do take time to write. Typically, reports are completed in 6-8 weeks. Your child's report will be sent to you only, so that you are able to decide if and when to pass this information to others. We usually recommend sending a copy to your child's school, as many of our recommendations are around classroom supports, as well as any other professionals who work with your child on a regular basis (e.g., tutor, speech pathologist, occupational therapist, paediatrician).

Please note: Review assessment sessions (e.g., to confirm a provisional diagnosis, or to review an existing diagnosis) do not include a separate parent interview or feedback session, and sessions are booked according to individual review requirements in consultation with your psychologist.

Example Assessment

Assessment query: Child has been experiencing difficulties with literacy development. They have been working in a small group at school for the past year to address this issue, but they have not made the expected progress.

Assessment booking: A single query assessment is booked. One parent intake appointment, followed by four child assessment sessions, to explore a dyslexia (Specific Learning Disorder) diagnosis. A report is prepared. Followed by a feedback session 8 weeks after last assessment session.

Please note: This is an example assessment only. Your assessment will be structured according to your child's needs. If you are unsure about anything, please ask one of our receptionists, or contact your psychologist.